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FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

# YMCA App Refresh



### App Update Main Screen

Instead of all options appearing when you log in, you can find your options in the navigation at the bottom.

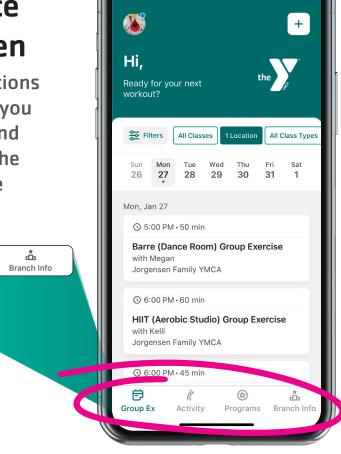
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Activity

Programs

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Group Ex



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GOAL CENTER

ACTIVITY FEED

VIRTUAL YMCA

WORKOUTS

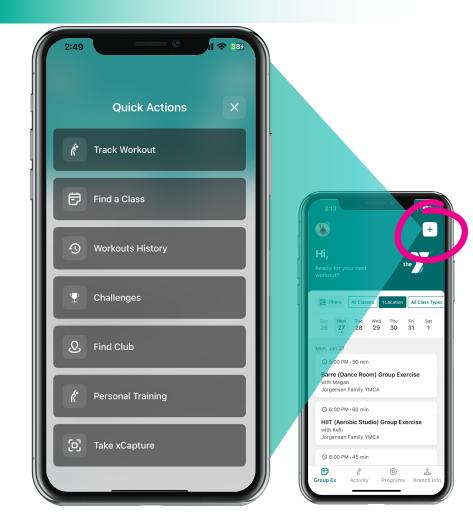
CHALLENGES

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CONNECTED APPS

## Quick Actions Button

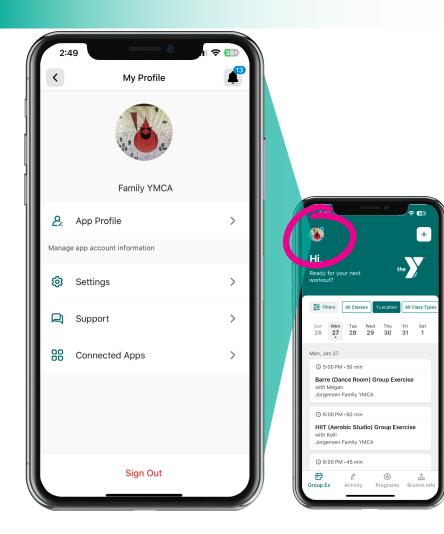
Click the Plus sign to navigate to Quick Actions



# App Update Main Screen

Click your profile picture to access

- App Profile (you can change your home branch here)
- Settings
- Support
- Connected Apps

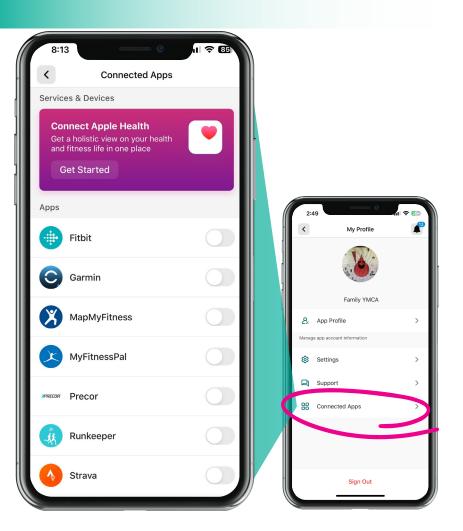


### Connected Apps

Available through your profile.

Includes:

- •Apple Health
- Fitbit
- Garmin
- MapMyFitness
- MyFitnessPal
- Precor
- Runkeeper
- Strava
- Suunto
- Withings



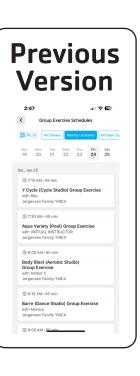
# **Group Ex**

All of your class schedules in one place!

Calendar of classes at all YMCA branches. Info includes:

- Class Name
- Class Description
- Location
- Date
- Time
- Instructor
- Reservation/Booking info (if applicable)

Hi,       Image: Constraint of the second sec	2:13			<ul><li>⇒ 55</li><li>+</li></ul>	
Sun       Mon       Tue       Wed       Thu       Fri       Sat         26       27       28       29       30       31       1         Mon, Jan 27       ③ 5:00 PM · 50 min	- Ready for yo	ur next	th	e	
26       27       28       29       30       31       1         Mon, Jan 27 <ul> <li>③ 5:00 PM ⋅ 50 min</li> <li>Barre (Dance Room) Group Exercise with Megan Jorgensen Family YMCA</li> </ul> <ul> <li>④ 6:00 PM ⋅ 60 min</li> <li>HIIT (Aerobic Studio) Group Exercise with Kelli</li> </ul> <ul> <li>■ HIIT (Aerobic Studio) Group Exercise</li> <li>■ With Kelli</li> <li>■ HIIT (Aerobic Studio) Group Exercise</li> <li>■ HIIT (Aerobic Studio) Group Exercise</li> </ul>	Se Filters	All Classes 1	Location	All Class Typ	es
<ul> <li>⊙ 5:00 PM • 50 min</li> <li>Barre (Dance Room) Group Exercise with Megan Jorgensen Family YMCA</li> <li>⊙ 6:00 PM • 60 min</li> <li>HIIT (Aerobic Studio) Group Exercise with Kelli</li> </ul>					
Barre (Dance Room) Group Exercise with Megan Jorgensen Family YMCA         ③ 6:00 PM • 60 min         HIIT (Aerobic Studio) Group Exercise with Kelli	Mon, Jan 27				1
with Megan Jorgensen Family YMCA © 6:00 PM • 60 min HIIT (Aerobic Studio) Group Exercise with Kelli	() 5:00 PM	• 50 min			
HIIT (Aerobic Studio) Group Exercise with Kelli	with Megan	-	oup Exer	cise	
with Kelli	⊙ 6:00 PM	• 60 min			
	with Kelli		roup Exe	rcise	
5:00 PM • 45 min	5:00 PM	• 45 min			
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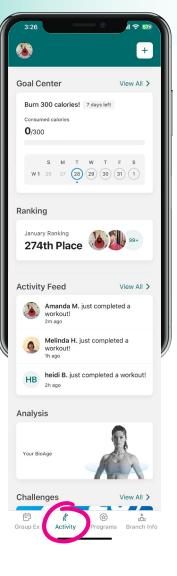


#### Activity

The activity menu will feature:

- Training Plans
- Latest Activity
- Log Workout
- Activity Level
- Goal Center
- Activity Feed
- Analysis
- Ranking
- Challenges



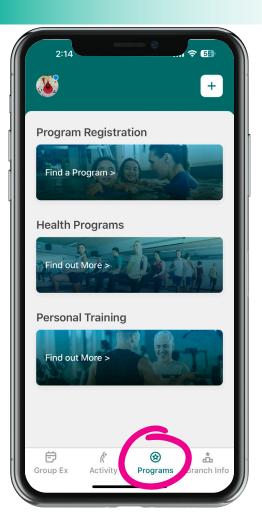




### Programs

This menu will feature:

- Program Registration
- Health Programs
- Personal Training

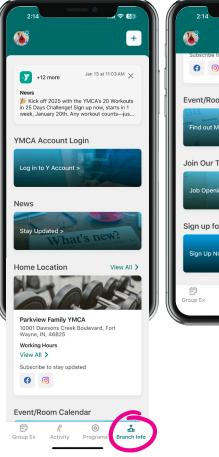


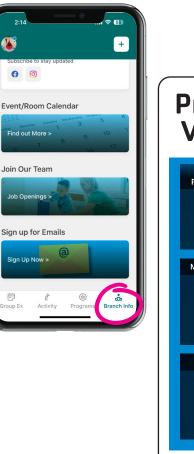


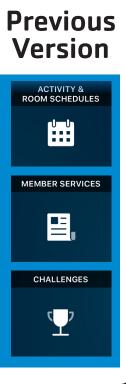
#### **Branch Info**

This menu will feature:

- YMCA Account Login
- News
- Home Location
- Event/Room Calendar
- Join our Team
- Sign up for Emails







#### News

The activity menu will feature:

- Branch specific items just for you!
- Account Login
- Job Information
- Support the Y
- Volunteer information

