



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

TOGETHER



WE STRENGTHEN OUR COMMUNITY

YMCA OF GREATER
FORT WAYNE

2015

BENEFITS TO THE
COMMUNITY



TOGETHER WE STRENGTHEN OUR COMMUNITY

DEAR FRIENDS,

We want to share with you some of the highlights of the past year in our areas of focus: youth development, healthy living and social responsibility. We do not tell these stories to boast. Instead, we share them to help you and the community understand the depth and the breadth of YMCA programs and services. We genuinely want to impact lives.

Our community has made great strides focusing on quality of place. This is very important to attract businesses and families to our area. We believe the YMCA is a very important organization concerning economic development and quality of life. Our role is to impact the quality of people.

We could not be successful without the dedication of staff and volunteers as well as a commitment from the business community and foundations to partner with us for success. As leaders of the YMCA, it is very humbling to see how we are all committed to help people improve in spirit, mind and body.

Through strong leadership, strategic planning and fiscal responsibility, the YMCA is well prepared to face the challenges of the future. Our focus is always about serving and creating transformational experiences. Thank you for being part of the YMCA family in 2015.



**MARTIN L.
PASTURA**

President &
Chief Executive
Officer



**MARY
BELL**

Board Chairman
Chief Visionary
Officer

“At the Y we believe that everyone deserves a chance to succeed—regardless of background or income. We know that people learn, grow and thrive when we unite to nurture the best in all of us. That is why our cause is to strengthen the foundation of our community through youth development, healthy living and social responsibility.”

2,304

kids participated in our before- and after-school care programs, and were encouraged to reach their fullest potential in a welcoming, supportive environment.

98%

of at-risk teens counseled through the Youth Service Bureau's intervention programs got back on track academically and avoided the juvenile justice system.



YOUTH DEVELOPMENT

At the Y, we believe that all kids have amazing potential. The values and skills learned early are vital building blocks for life. Young people deserve an opportunity to discover who they are and what they can achieve. From the youngest child in our Early Learning Centers to the teens in our leadership development initiatives, the Y gives kids and teens a safe place to belong and build confidence while seeing positive behaviors modeled in an environment that reinforces values such as caring, honesty, respect and responsibility.

"My 13-year-old daughter, Emily, has ADHD and ODD which makes interpersonal relationships difficult. I wanted her to become more "open to others" so last year, I decided to send her to camp. After her weeklong camp experience, she shared many stories and talked about all of the fun she had. Since camp, she has coped better in social gatherings. The excitement she expresses about wanting to return to camp is priceless. It has made me more trusting of others when it comes to her care. We would not have been able to afford camp fees if it wasn't for the YMCA's financial assistance program. Thank you."
- Angie





516
kids experienced the thrill of nature, character building and lifelong friendships at YMCA Camp Potawotami's summer resident camp.

9,323
children gained valuable life skills and built self-confidence through swim lessons and youth sports programs.

2015 HIGHLIGHTS...

Early Learning Childcare

The Whitley County Armstrong Early Learning Center and the Wells County Early Learning Center focused on fostering a lifelong love of learning for 119 children who participated in their childcare programs.

Camp & Afterschool Readers Program

The free YMCA readers program, which aims to promote independent reading, engaged over 2,078 youth in 20-30 minutes of daily reading which motivated them to read for fun, build general reading skills and increase their reading self-confidence.

Y on the Fly

During this free 8-week program aimed at providing safe and structured physical activities to children ages 2-16, 1005 youth were served right in their own neighborhoods as the Y on the Fly van traveled to 10 different local neighborhoods bringing games and healthy snacks.

7th Grade Initiative

In our efforts to provide safe, positive activities for 7th graders, we offer a membership to all 7th graders throughout Allen, Whitley, and Wells counties at no charge. In 2015, 335 youth were served through this free membership program and had the opportunity to participate in physical activities, social opportunities and receive homework help.

Jorgensen Lodge

Our lodge housed 200 youth overnight during the summer camp and outdoor education season. Campers had fun and played games while developing a sense of accomplishment, belonging and character.

Celebration of Youth Scholarship Program

After receiving 18 outstanding nominations for area high school juniors and seniors making a difference in our community, the YMCA and Wells Fargo proudly recognized 6 youth with \$1,000 scholarships and a 1-year YMCA student membership as recognition for their talent and contributions in and out of the classroom.

Youth Character Development Programs

Interest in programs such as teen leaders clubs, Youth Leadership Programs, Counselor in Training, Leader in Training, the Arts Academy and international service trips continues to grow. With adult advisors as mentors who model the Y's core values of caring, honesty, respect and responsibility, these programs help approximately 100 teens develop character and leadership skills through social service projects and new experiences.

YMCA's Camp Potawotami Golf Outing

The 24th Annual YMCA of Greater Fort Wayne Golf Outing, which took place on May 28 at Pine Valley Country Club, successfully raised almost \$19,000 toward YMCA Camp Potawotami, the official resident camp of the YMCA of Greater Fort Wayne. The event was made possible by premiere sponsors, Source One Solutions and Indiana Signworks, a division of Indiana Stamp.

**Nurturing the potential of every child and teen,
TOGETHER...kids make their dreams become a reality.**

107,210

men, women and children were impacted by the YMCA's programs and services in 2015.

1.7 MILLION

visits were made through our doors which welcome, support and assist our community.

69

people were served in the LIVESTRONG program in 2015.



HEALTHY LIVING

At the Y, we believe that being healthy means more than simply being physically active. It is about maintaining a balance between spirit, mind and body. The Y is a leading voice on health and well-being issues—and a leader in fighting chronic disease. We are committed to empowering people to lead fuller lives. We bring families closer together, promote healthy living and foster connections through fitness, sports, fun and shared interests.

"Before I came to the Y I was in pain, had difficulty moving and used a walker...Since joining the Y, I don't take insulin anymore and I've lost a lot of weight. I've met really great friends including the Y staff and use a cane instead of a walker now. I look to the future with hope and will continue to work out at the Y and use the health, nutrition and exercise instruction that I have received."

-Sylvia



81

men and women at risk of Type-2 diabetes reduced their chances of developing the disease through the YMCA's Diabetes Prevention Program.

191

local companies committed to their employees' health and wellness through participation in the Y's Corporate Membership Program.

2015 HIGHLIGHTS...

Caylor-Nickel Foundation Family YMCA

Serving Wells County and the surrounding community, this new Y opened in January and served 7,639 members in 2015.

Healthy Families Week Attendance

Teaching families how to stay active and incorporate healthy habits is part of the Y's work. Over 1,610 people attended Healthy Kids Day in 2015, a free event which helps strengthen the connection between family members by supporting healthy living.

Enhance®Fitness

Enhance®Fitness participants say they feel better physically and emotionally. Elevating their mood and preventing depression are just a few of the benefits the 165 participants experienced in 2015. With a focus on cardiovascular exercise, strength training, balance, and flexibility – everything older adults need to maintain health and function as they age is offered in this free class.

LIVESTRONG® at the YMCA

In 2015, 69 people were served through this free cancer survivorship program, which offers cancer survivors the opportunity to come to the Y to heal. Since its inception in the Fort Wayne area this program has provided 87 people facing cancer with a safe, loving and caring environment.

Military Outreach Initiative

In 2015, the Y provided no-cost memberships to military families and personnel to provide extra support during the difficult period when military personnel are deployed. It's our way of giving back to those who dedicate themselves to serving our country.

Safe Place

The YMCA's Youth Service Bureau (YSB) launched a local, Safe Place program and designated all Allen County YMCA's as Safe Place sites. This national program is designed to reach out to youth who are in a crisis situation and need immediate help. Counseling for the individual youth and their family can be provided, if necessary.

First Annual Spirit, Mind, Body Triathlon

On August 15, the Jorgensen Family Y hosted The Spirit, Mind, Body Super Sprint Triathlon which included a 300 yard pool swim at the Y, 8 mile bike ride in the surrounding neighborhoods and a 2 mile run around Indian Trails park. Over 80 people participated with the majority being first time triathletes. Our goal was to introduce people to the sport of triathlon and show that triathlon is a sport for all ages and abilities. Proceeds went to support the YMCA Annual Campaign. The generosity of sponsors like Human Motor Works, Fort Wayne Metals, Auto Collision Service, Ossian Dental and Parkview Physicians Group made the event possible.

962

of our friends, neighbors and community leaders volunteered their time, energy and talent for the Y's cause.

\$1,588,000

was provided in financial assistance, ensuring that our programs and resources are accessible for all.



SOCIAL RESPONSIBILITY

At the Y, we believe that when we work together, we move individuals, families and our communities forward. Since 1844, the Y movement has responded to society's most pressing needs by developing innovation, community-based solutions and uniting people from all walks of life to participate in and work for positive social change. Whether helping at-risk youth avoid the juvenile justice system, advocating for chronic disease prevention, or helping newcomers transition into their new neighborhoods, the Y is committed to empowering people with the resources and support needed to live healthy, connected and secure lives.

At the YMCA Youth Service Bureau (YSB), we provide crisis and intervention services to families in Allen County. "My family has been in financial turmoil and moved residences over 10 times since 2005. During these times, YSB has helped in more ways than I could ever express! They have helped me access community services for our family's needs, children's medical needs, referral letters and financial assistance when we moved into public housing, just to name a few!"

—Client served in 2015



20,223

people received financial assistance with funds from the Y's Annual Campaign which helps people participate as members or in programs.

802

community members were trained in CPR, first aid, lifeguarding and other life-saving courses.

2015 HIGHLIGHTS...

Service to the Population of Individuals with Intellectual and Developmental Disabilities

To continue our ongoing commitment to make the Y available to all, in the spring of 2015 the Y and the AWS Foundation formed a partnership focused on service to individuals with intellectual and developmental disabilities. A Director of Adaptive Services was funded by the AWS Foundation and hired by the Y to identify gaps of service and launch Y programs for the local community to better serve this population.

In addition, as a new YMCA for the northeast area of Fort Wayne was designed, much consideration was given to making the Y usable by all. In addition to the traditional amenities that a full-service Y offers, the new Jackson R. Lehman Family Y was designed to feature a warm water therapy pool and a 6-lane 25-yard lap pool which will be accessible by zero depth entry ramps. Additionally, a sensory room, universal changing rooms and adaptive equipment were included in the design. The facility layout and adaptive equipment were planned to offer recreational and social opportunities for adults and children with intellectual and developmental disabilities that may not be able to participate in traditional community health, wellness and sporting activities.

Good Friday Breakfast

Legendary NFL punter Hunter Smith was the featured speaker at the 10th annual YMCA Good Friday breakfast. Through word and song, Smith shared an inspiring message with over 300 attendees about his faith and the role it has played in shaping his life. The event was made possible by premiere sponsor Brotherhood Mutual and event sponsor Ambassador Enterprises.

Annual Campaign

Volunteers leading the YMCA's annual campaign, raised \$496,553 which helped offer scholarship assistance to 20,223 people and enabled them to participate at the YMCA.

Global Center of Excellence

In 2015, the YMCA of Greater Fort Wayne was designated as a Global Center of Excellence (GCE). In partnership with the YMCA of the USA - International Group, GCE YMCAs focus on four areas of global service: Global Education, Serving Immigrant Communities, Global Philanthropy, and YMCA Strengthening. Volunteers advise in the areas of diversity, inclusion, and global services. Through this effort the YMCA is fostering understanding, connecting to global communities, supporting global YMCA efforts, and addressing needs of underserved areas in our community.

Contribution to the Economy

In 2015 the YMCA of Greater Fort Wayne contributed to the local economy by employing 1,584 people throughout northeast Indiana.

Fueling Your Faith Conference

One way the Y strengthens the community and promotes our mission is by holding an annual Christian Conference. The 2015 theme, "Why Serve?", and scripture verse, Galatians 5:15, reflect that when we are serving humbly in love, there is no limit to what God can accomplish through us. By empowering others with this belief we strengthen the foundation of the community as a whole. The Fueling Your Faith Conference was held on November 14th at The Summit and featured great speakers, music, fellowship, and FUN!

Giving back and providing support to our neighbors, everyone comes TOGETHER....for the common good.



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