



YMCA OF GREATER FORT WAYNE
347 West Berry Street, Suite 500
Fort Wayne, IN 46802
fwymca.org



**MIKE'S
CARWASH**

MIKE'S CARWASH HELPS THE YMCA'S YOUTH SERVICE BUREAU

We are grateful to Mike's Carwash who recently held a fundraiser for the YMCA's Youth Service Bureau (YSB) and raised over \$12,000. The Youth Service Bureau serves as an advocate for at-risk youth by providing a variety of free services and programs.

Through advocacy, the YSB gives at-risk adolescents the tools, skills and support they need to succeed and grow into thriving adults and community members. We appreciate this support from Mike's Carwash and the opportunity to work with local organizations to make our community stronger!

THANK YOU TO THE FOLLOWING FOUNDATIONS & ORGANIZATIONS:

Stephan Family Community Needs Fund – Enabling the YMCA Youth Service Bureau to provide comprehensive crisis and intervention services to at-risk youth and their families is the purpose of a \$2,500 grant.

Howard P. Arnold Foundation – Delivering financial assistance to children and families in need in the form of reduced membership rates or program fees is the purpose of a \$1,000 grant for the 2018 Annual Campaign.

Foellinger Foundation – Increasing the Y's organizational effectiveness through staff development is the purpose of a \$20,000 three year project support grant.

Lincoln Financial Foundation – Providing youth with educational opportunities that the traditional classroom does not offer is the purpose of a \$42,000 grant from the Lincoln Financial Foundation. These funds support the Outdoor Education program at YMCA Camp Potawatami, Summer Day Camp at the Renaissance Pointe Y, and the Before and After School program at Southwick Elementary.

St. Joseph Community Health Foundation – Providing therapeutic assessments for YMCA Youth Service Bureau at-risk youth who do not have health insurance is the purpose of a \$1,500 grant from the St. Joseph Community Health Foundation.

Zollner Foundation – Providing northeast Fort Wayne residents the opportunity to build healthy spirit, mind and body is the purpose of a \$30,000 grant to support the construction of the Jackson R. Lehman Family YMCA, which opened on June 5, 2017. This is the Foundation's fourth gift, bringing their total support for the project to \$260,000.

MISSION PARTNERSHIPS

YMCA Mission Partners provide financial resources to strengthen our community and move us all forward. The continued support of these companies allows the YMCA to carry out our mission – making a meaningful, enduring impact in our community.

To inquire how your business can become a Mission Partner, contact Nicole Hansen at 260.918.2144 or Nicole_Hansen@fwymca.org.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



“Working with the Y and Community Harvest has changed the way I view my future. I always believed I could be successful, but this program and the support I got from those involved got me to the next level. I'm grateful for the opportunity that was given to me. The program not only works with those that are physically hungry, but those that hunger for success as well.”

-Ja'Myera Taylor

WINTER 2017

YMCA SPIRIT



YMCA of Greater Fort Wayne
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Dear Member,

As a member of the YMCA, I believe it is important for you to know the Y cares deeply about the youth and teens in our community. As you know, the teen years are especially difficult and in today's world they are facing many new complex issues. We believe that more positive programs and safe adult role models can transform lives.

In 2017, we began the Hope for Youth Initiative to deliver more teen-focused programs at all branches. As part of this initiative, we hired two Youth Advocates at our Youth Service Bureau (YSB) who are responsible for mentoring, coaching and being a role model for these young people who need support and guidance in order to be successful in life. YSB partners with the juvenile court system and the school system to work with the whole family equipping them with training, resources and support. The YSB serves over 1,300 youth each year.

This is why in 2018 we will once again invest in more teen-focused programs at all our member-driven branches. I am proud of what we do for all people in our community and I hope you are, too.

If you are interested in helping us serve the youth of our community with a tax-deductible contribution, you can do so here:

fwymca.org/donate-fort-wayne-ymca-daxko.php

Thank you for being a member of the YMCA and for understanding that the Y is here to not only meet your recreation and wellness needs but to also be a powerful social service organization which impacts lives in many different ways.

I wish you a Merry Christmas and a wonderful New Year.

Marty Pastura
President and CEO
YMCA of Greater Fort Wayne

Our mission is to put Christian principles into practice through programs that build healthy spirit, mind and body for all.



HELP SUPPORT THE YMCA



Do you shop on Amazon? Or do you know someone who does? By using Amazon Smile, Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to the YMCA of Greater Fort Wayne!

START with a Smile at smile.amazon.com this Holiday Season!

- Before you shop, go to Smile.Amazon.com. Then, sign in using your regular Amazon account. (For future shopping trips go to Smile.Amazon.com, not Amazon.com so your purchases count toward Amazon's donation to the YMCA)
- Then, choose YMCA of Greater Fort Wayne as your charitable organization.
- Finally, SHOP! (You will see Supporting: YMCA of Greater Fort Wayne listed at the top of your page.)

WINTER WEATHER ADVISORIES

For your safety, please check for weather related cancellations as we head into winter. For updates on weather-related branch closings, listen to FM stations 88.3, 90.3, 92.3, 93.3, 95.1, 96.3, 97.3, 101.7, 102.9, 105.1, 106.3, or 107.9; AM stations 1190 or 1250; watch Indiana's NewsCenter or WANE; or check our Facebook page and website at fwymca.org or download our mobile app (below).

Branch information is at your fingertips with the YMCA Mobile App. Scan this QR code to download our **FREE YMCA app**.



WINTER I SESSION:

January 1 - February 18

Pick up a magnet with 2018 Program Registration Dates from your local branch!

2018 SESSION & CLASS REGISTRATION DATES YMCA OF GREATER FORT WAYNE			
SESSION DATES	REGISTRATION BEGINS	Member	Program Participant
WINTER I Jan. 1-Feb. 18	Dec. 4 (2017)	Dec. 11 (2017)	
WINTER II Feb. 19-April 8	Feb. 5	Feb. 12	
SPRING April 9-May 27	March 26	April 2	
SUMMER I June 4-July 15	May 14	May 21	
SUMMER II July 16-Aug. 26	July 2	July 9	
FALL I Sep. 10-Oct. 28	Aug. 13	Aug. 20	
FALL II Oct. 29-Dec. 16	Oct. 15	Oct. 22	

HereForYou@fwymca.org | fwymca.org



RATS INVADE DOWNTOWN! RIVER CITY RAT RACE

The 17th Annual River City Rat Race was a huge success thanks to the participants and volunteers! The event raised \$11,268 bringing the cumulative total to over \$129,579 in 17 years. The proceeds will be given to the Central YMCA's Annual Campaign which provides financial assistance to people who want to participate at the Y but are not able to afford membership or program fees. Thank you to those who supported this year's event. The 2018 River City Rat Race is set for Oct. 21, 2018. Contact Pam Wolfe at pamwolfe@aol.com for more information.

STAY CONNECTED.

Keep up-to-date with the latest Y news, events and programs and connect with other members.

- [Facebook.com/gfwymca](https://www.facebook.com/gfwymca)
- HereForYou@fwymca.org
- FindYourselfAtTheY.org
- fwymca.org



LOCAL COMPANIES FOCUS ON WORKPLACE WELLNESS

Twenty-one local companies were recognized at the YMCA's 9th Annual Workplace Wellness Awards, presented by the YMCA of Greater Fort Wayne at the Parkview Mirro Center on October 12.

The awards, which recognize employers who create healthier workplaces for employees, are based on the National YMCA's Community Healthy Living Index, which is an assessment of a workplace's physical environment, physical activity opportunities, health promotional efforts, healthy eating options and company policies. Each company was given an index score that marked their placement along the workplace wellness continuum.

Dr. Angela LaSalle, Medical Director of Parkview Physicians Group Integrative Medicine, and Dr. Mark O'Shaughnessy, Cardiologist with Parkview Heart Institute, both spoke at the event. Dr. LaSalle shared her expertise on how stress affects our workplace and what employers can do to help combat those stressors. She also challenged employers to build a healthy workplace culture instead of just a wellness program. Dr. O'Shaughnessy shared the benefits of physical activity not just for the body, but for mind and spirit as well. He also emphasized the importance of group support in any wellness efforts both at the workplace and at home.

To read more about the YMCA's focus on workplace wellness visit fwymca.org/corporate-membership.php. For more information about how the YMCA can help improve the health of your workplace, email HereForYou@fwymca.org or call 422-6488.

ANNUAL CAMPAIGN

YOUR SUPPORT IS OUR STRENGTH

YMCA Annual Campaign Raises Funds for Financial Assistance Program

Because of our commitment to strengthen the foundations of community, together we awarded \$2.25 million in financial aid in 2017 to people throughout Allen, Whitley and Wells Counties. With your help we have made great strides, but we believe we can do so much more.

In 2018 we will be raising money to help offset membership and program fees for people who want to be part of the Y family but cannot afford to do so. In order to be successful, your branch needs your help.

For more information on how you can help our Annual Campaign through volunteering or giving, check with your local branch, visit fwymca.org, or email HereForYou@fwymca.org.



THERE'S NO PLACE LIKE HOME FOR THE HOLIDAYS

SHORT-TERM MEMBERSHIPS AVAILABLE FOR COLLEGE STUDENTS

Have a college student home for the holidays? Now through January 14, 2018, college students can enjoy a short-term membership at the YMCA of Greater Fort Wayne for only \$65. Join as a full member by February 14 and pay no \$15 Enrollment Fee. Contact the Member Services desk at your local branch for more details.*

*College Student Membership Only, No pro-rating

